

## MENU OF SERVICES

# A BLEND OF LUXURY AND COMFORT

At The Spa at The Tokyo EDITION, Toranomon, our seasoned therapists are ready to conduct meticulous consultations to understand the conditions of your skin and body, your preferences, and your desired spa treatments to help you curate and indulge in a luxurious spa experience.

Featuring signature products from the esteemed French organic cosmetics brand Absolution and Japan's pioneering hair and skincare brand Bioprogramming. Our goal is to present an innovative and inclusive range that caters to the diverse needs of our guests.

In a refined space that harmoniously blends luxury and comfort, please indulge in the ultimate relaxation experience that restores balance to both your mind and body, while awakening all five senses.

# SPA GUIDELINES

Please familiarize yourself with these Spa Guidelines to ensure that you enjoy your spa experience to the fullest.

#### WHEN MAKING YOUR RESERVATION

Please inform us of the following upon your reservation:

- Allergies or medical conditions including injury and pregnancy
- Requesting a specific therapist (fee-based)
- Celebrating any special occasions

Please provide a valid credit card number and expiration date at the time of booking (excluding hotel guests).

The use of the pool and gym are complimentary to hotel guests.

HOURS OF OPERATION Spa: 10:00AM – 10:00PM Indoor Pool: 7:00AM – 10:00PM Gym: 24 hours

#### SERVICE CHARGE AND TAX

The listed prices are inclusive of a 15% of service charge and 10% consumption tax.

# EDITION ETIQUETTE

#### ARRIVAL TIME

Please arrive at least 15 minutes prior to your appointment. Hotel guests are free to enjoy the indoor pool and gym. If you arrive late, we kindly ask for your understanding that your spa treatment will be shortened in order to conclude at the scheduled time, and you will be charged for the full price of your scheduled treatment.

#### VALUABLES

We are not responsible for any personal items and / or valuables in the spa or lockers. Please refrain from bringing your valuables with you to the spa.

#### USE OF ELECTRONIC DEVICES

To protect the privacy of our guests and to preserve the guest experience, all use of cell phones, electronic devices and cameras are prohibited in the spa.

#### AGE REQUIREMENTS

Spa treatments can be enjoyed by those 16 years of age or older.

#### ENHANCING YOUR EXPERIENCE

Shaving is not recommended prior to body treatments. Men are not required to shave prior to receiving facials. Your spa experience is your time to enjoy to the fullest. We encourage you to inform your therapist if you feel any discomfort due to room temperature, massage pressure, music volume or any other conditions.

#### FOOD AND BEVERAGE

Please refrain from bringing any outside food or alcohol into the spa. In addition, we reserve the right to refuse spa access to any guest who appear to be intoxicated.

#### CANCELLATION POLICY

A 100% cancellation charge will incur for any cancellations made within 12 hours of the scheduled appointment.

# SIGNATURE SPA TREATMENTS

Experience our exclusive, signature treatments at The Tokyo EDITION, Toranomon, promising the utmost in luxury and relaxation. Choose from four treatments tailored to your needs – replenish your energy with these unique and rejuvenating experiences.

### TOKYO EDITION SIGNATURE MASSAGE

Tailored to individual preferences, this long-stroke massage uses a nourishing blend of EDITION brand's signature Black Tea scent essential oil by Le Labo, inviting you into the realm of ultimate relaxation, satisfying your senses. Available in EDITION hotels worldwide, this signature treatment incorporates the essence of each locale. The Tokyo EDITION is themed around 'black', integrating unique aspects of Japanese culture to create an exceptional experience.

Products: Le Labo Body Oil

**Procedure:** Foot ritual, crystal healing, inhalation, scalp treatment, décolleté massage, long strokes (face up),back dry massage, long strokes (face down), back massage with oil, scalp massage, closing

90 min | ¥41,000

#### GRACIOUS EDITION

This treatment focuses on cellular activation with a full, head-to-toe body massage, using a luxurious amount of Bioprogramming oil. Produced utilizing optical technology, Bioprogramming oil, combined with massage techniques tailored to your body's needs, achieves the ultimate relaxation experience. The treatment includes a facial to relieve tension and reduce effects of sagging in the face. Shampoo and conditioner are applied in mille-feuille-like layers as your therapist massages away the tension in your scalp. This luxurious, full body treatment will leave you feeling like a brand-new person. (Please note that you will be asked to wash your hair after the scalp treatment.) **Products:** SkinTimecess, HairTimecess, Bioprogramming Body Oil **Procedure:** Foot ritual, full body massage (oil or oil & dry), scalp massage, shower, facial **180** min **| ¥91.000** 

#### ENCHANT EDITION

Indulge in a blissful experience surrounded by Absolution's captivating scents, awakening your senses. The skin is exfoliated with volcanic rhyolite, scrubbing away dead skin and leaving your skin looking radiant. Gently activating the skin with a soft, silk brush while nourishing it with a bewitching almond fragrance to harmonize lymphatic flow. **Products:** Absolution

**Procedure:** Foot ritual, body scrub, shower, body treatment (stretching, brushing, lymphatic massage)

120 min | ¥58,000

### AUTHENTIC EDITION

Choose between a full-body dry massage or oil massage (on the back only), tailored to your mood or preference. Carefully easing body tension, the oil option creates a synergistic effect of relaxation akin to falling into a deep slumber.

Product used: Bioprogramming Body Oil

Procedure: Foot ritual, full body dry massage (facing down, up, and scalp)

90 min | ¥41,000

# BODY TREATMENTS

Indulge in a tranquil escape from the everyday noise, inviting a serene moment to fully immerse and engage your senses. Our body treatments sooth both mind and body through exceptional technique, offering the ultimate relaxation.

### DEEPLY MASSAGE TREATMENT

Gently releasing deep-rooted tension and stubborn knots that accumulate from daily stress, this body massage loosens stiffness, allowing your body to absorb the oil, leaving you thoroughly rejuvenated.

Products: Bioprogramming Body Oil

**Procedure (60min):** Foot ritual, dry massage (face up), back massage with oil pressure applied to stomach (face up), scalp massage

Procedure (90min): Foot ritual, full body dry massage, full body oil massage, scalp massage 60 min | ¥31,000 90 min | ¥41,000

#### RELAXED MASSAGE TREATMENT

With long strokes and plenty of oil, this massage provides deep relaxation for the body and soul. Your experienced therapist draws inspiration from lomi lomi and Balinese massages for the ultimate technique that creates the relaxing effect akin to a deep slumber.

Products: Bioprogramming Body Oil

Procedure (60min): Foot ritual, long strokes (face down), long strokes (face up), décolleté massage, scalp massage

Procedure (90min): Foot ritual, scalp massage, décolleté massage, long strokes (face up), long strokes (face down), back massage

60 min | ¥29,000 90 min | ¥39,000

#### GOMMAGE DETOX

Your therapist will condition your skin from head to toe with Absolution's gentle yet powerful body scrub. Volcanic rhyolite exfoliates your skin along with moisturizing sunflower oil, leaving your skin smooth and even toned. After a shower, your therapist will give you a lymphatic drainage massage while you enjoy the sweet almond fragrance of the skin conditioning oil. **Products:** Absolution

Procedure: Foot ritual, full body scrub, shower, full body oil treatment

60 min | ¥33,000

#### CORPS RE-START

Your therapist will massage your whole body with a soft silk brush from Absolution to stimulate your skin, lymphatic flow, and circulation. Cocooned in a sweet fragrance of almond, the gentle touch will leave your skin feeling velvety soft.

Product used: Absolution

Procedure: Foot ritual, stretching & brushing & oil treatment (face up), brushing & oil treatment (face down), scalp massage

75 min | ¥35,000

#### CORPS RE-SCULPT

With Absolution's unique "pinch and roll" technique using suction cups, your therapist's rhythmic and gentle touch will stimulate your lymphatic flow, relieving physical and mental tension and leaving your skin silky smooth.

Products: Absolution

Procedure: Foot ritual, silicone cap & soothing treatment (face up), silicone cap & soothing treatment (face down), scalp massage

75 min | ¥35,000

#### PRENATAL MASSAGE

A massage specially designed for pregnant woman to celebrate this extraordinary time in her life. The massage relieves tension and rids the body of pregnancy-related stressors, awakening a sense of relaxation from your body's core.

Products: Bioprogramming Body Oil

Procedure: Foot ritual, massage on face up (scalp, décolleté, legs and arms),

massage on side (back and legs)

75 min | ¥36,000

### CUSTOM BODY MASSAGE

For those short on time, our 45-minute massages are for you. Your therapist will ask you about your needs and target specific areas of your body that need it most.

45 min | ¥23,000

# FACIALS

Our facial treatments are designed to revitalize your skin to its best condition. Our seasoned therapists conduct thorough counseling to curate a facial perfect for your skin type and the condition that it is in. Experience our facials to awaken your skin's innate beauty, leaving it noticeably transformed.

#### SOIN ABSOLU

A luxurious facial with everything Absolution has to offer. You will feel reborn with Absolution's soothing effects and the therapist's experienced, carefully tailored techniques. The plaster mask moisturizes and softens the skin, enhancing its natural radiance.

#### Products: Absolution

Procedure: Foot ritual, cleansing, gommage, décolleté & facial massage, face roller, plaster mask

90 min | ¥40,000

#### LE SOIN LIFT

A facial treatment using unique techniques to target specific concerns. A rose quartz gua sha and plaster mask are used to tighten facial contours, add moisture and elasticity, and brighten the skin.

Products: Absolution

Procedure: Foot ritual, cleansing, gommage, décolleté & facial massage, gua sha,plaster mask 90 min | ¥40,000

#### SIGNATURE ABSOLUTION

If this is your first experience with Absolution, start here. With gentle, soothing touches, your therapist will apply the ideal cream and serum suited to your skin's condition that day. The facial ends with a plaster mask to moisturize your skin, leaving it radiant.

Product used: Absolution

Procedure: Foot ritual, cleansing, gommage, décolleté & facial massage, plaster mask

60 min | ¥30,000

### VITALITE REGARD

A targeted treatment to relieve the area around the eyes from the exhaustion of the daily grind. As the tension slips away, you'll feel like you're seeing the world through new eyes. Look into the mirror to see a younger face looking back at you.

Product used: Absolution

Procedure: Foot ritual, cleansing, gommage, décolleté & targeted eye massage,

moisturizing mask

60 min | ¥27,000

#### PEAU NETTE

This tailored treatment will melt your skin troubles away. Whether sensitive in general or specific to seasonal changes, your therapist will infuse your skin with an intensive serum that provides the nourishment it needs, leaving it supple and well-balanced.

Products: Absolution

Procedure: Cleansing, gommage, décolleté & facial massage (activating technique), moisturizer or detoxifying mask

45 min | ¥23,000

#### CUE PEAU VISAGE

A quick facial to moisturize and firm area around the eyes, this treatment uses two types of masks each tailored to the conditions of the T-zone and U-zone to help you achieve the best skin condition possible.

Products: Absolution

Procedure: Cleansing, gommage, décolleté & facial massage (soothing technique), mask 45 min | ¥23,000

#### SKIN TIMECESS

In this science-based facial, TIARALEEN from the Bioprogramming line is used to unlock the hidden potential of your skin and bring out your innate beauty. You'll be amazed by the radiance of your skin that you won't be able to help but smile when you touch your skin. **Products:** Bioprogramming

Procedure: Cleansing, foaming facial wash, décolleté & facial massage, face mask 60 min | ¥32,000

# SCALP TREATMENTS

Uniquely sophisticated head treatments using exquisite products, unlike any other. Offering the perfect balance of stimulation and relaxation to recover from fatigue, delivering an awakening sensation.

### HAIR TIMECESS SCALP THERAPY

If you feel tension in your scalp, this treatment is for you. Luxurious quantities of Bioprogramming products are layered on your scalp as your therapist relieves the tension from your scalp and shoulders, creating a sense of deep tranquility. (Please note that you will need to wash your hair after the scalp treatment.)

Product used: Hair Timecess

Procedure: Scalp essence & head massage, shampoo & scalp massage, conditioner, shampoo & scalp massage, décolleté massage, shower

45 min | ¥23,000

### DRY HEAD THERAPY

A quick dry head treatment to instantly release tension from your scalp. Using scalp lotion from the latest beauty brand MEDICAL PROOF, experienced therapists will provide a deep relaxation and meditation experience incorporating scalp brushing and head massage.

The 30-minute course does not require you to change out of your clothing.

Products: MEDICAL PROOF The Forest

Procedure (30min): Scalp brushing, scalp massage

Procedure (60min): Foot ritual, scalp brushing, scalp massage, décolleté & hand massage, meditation time

30 min | ¥15,000 60 min | ¥28,000

# PACKAGES

Lavish in the potent power of plants from French organic skincare brand, Absolution, and cutting-edge innovation of Japanese brand, Bioprogramming's TIARALEEN. Package menu items combine body, facial, and scalp treatments to experience the utmost in holistic beauty.

### **BIOPROGRAMMING BODY & FACIAL**

Body and facial treatment using the luxurious "TIARALEEN" line from Bioprogramming. This custom treatment by skilled therapists will release tension from your body and face, awakening the cells.

Products: Bioprogramming Body Oil, Skin Timecess

Procedure: Foot ritual, body treatment (face down), facial (cleansing, foam face wash, facial massage, face mask)

90 min | ¥44,000

#### **BIOPROGRAMMING SCALP & FACIAL**

A scalp and facial treatment with luxurious quantities of products from Bioprogramming. Moisturizing hair products are applied in mille-feuille-like layers as an experienced therapist relieves the tension from your scalp with a soothing touch. The facial massage you receive simultaneously heightens the effect, making you feel awake and refreshed.

(Please note that you will need to wash your hair after the scalp treatment.)

Products: Bioprogramming

Procedure: Foot ritual, scalp massage(hair essence & shampoo & conditioner ), cleansing, foaming facial wash, shower, décolleté & facial massage, face mask

90 min | ¥44,000

### ABSOLUTION BODY & FACIAL

Body and facial treatment using products from the organic brand, Absolution. The treatment is tailored to your condition and mood. The therapist's soothing touch and the potent power of plants will leave your body and skin beautiful and healthy.

Products: Absolution

**Procedure:** Foot ritual, body treatment (face down), facial (cleansing, gommage, facial massage, mask)

90 min | ¥43,000

# ADD-ONS

Add-ons can be reserved in combination with other treatments. Please note that add-ons cannot be booked as a stand-alone service.

#### OPTIONAL BODY MASSAGE

Can be added to any BODY, FACIAL, or SCALP treatment For those who wish to lengthen their body massage or in combination with a facial or scalp treatment.

30 min | ¥13,000

#### SKIN TIMECESS MINI FACIAL

Can be added to any BODY or SCALP treatment This quick facial featuring TIARALEEN from Bioprogramming is a great addition to our body massages. Products: Bioprogramming Procedure: Cleansing, foaming facial wash, oil infusion from face to décolleté, face mask 30 min | ¥16,000

#### EXFOLIATING BODY RITUAL

Can be added to any BODY, FACIAL or SCALP treatment Ritual using French volcanic rhyolite to exfoliate and moisturize your skin. Ideal if you're short on time or want something quick in combination with other treatments. Products: Absolution Procedure: Full body scrub, shower, full body moisturizing milk 30min | ¥15,000

#### HOT STONE BODY

Can be added to OIL BODY Smooth basalt stones radiate heat deep inside the muscles to relieve tension and stress. 30 min | ¥15,000

#### CUPPING BODY RITUAL

Can be added to OIL BODY Silicone suction cups are slid over the body to promote lymph circulation and keep skin smooth. 30 min | ¥15,000

#### DRY SKIN BRUSHING

Can be added to any BODY treatment Enjoy a refreshing full body exfoliation brushing prior to any massage to instantly soften and revitalize your skin, enhancing the effects of your massage.

15 min | ¥7,000

#### PRIVATE SAUNA

Enjoy two types of private saunas, dry and steam, prior to your treatment to heat your body from its core, not only for relaxation but to enhance the effects of your treatment.

30min | ¥6,600

# ENHANCEMENTS

Optimize your treatments with these enhancements. (Completed within the scheduled treatment time) Please note that enhancements cannot be booked as a stand-alone service.

#### SCALP ESSENCE

Enhance any BODY or FACIAL treatment Bioprogramming's water-soluble essences relieve tension throughout the scalp and neck. Add deep-Wnourishment to the scalp, leaving hair silky, shiny, and healthy. ¥2,600

### EXFOLIATE FACE GOMMAGE

Enhance any FACIAL treatment Micro-granules of diatomaceous gently stimulate the skin, removing unwanted dead skin cells from pores and leaving skin supple and glowing.

¥2,600

### CELL ACTIVATING FACE MASK

Enhance any BODY or SCALP treatment Apply a TIARALEEN face masks from Bioprogramming, focusing on cell regeneration, during any head or scalp treatment to add moisture and elasticity to your skin. ¥3,300

REQUEST A SPECIFIC THERAPIST ¥2.600

4-1-1 TORANOMON, MINATO-KU, TOKYO 105-0001 PHONE +813-5422-1640 EMAIL SPA.TOKYO@EDITIONHOTELS.COM

